

# COMMUNITY NEWS

**FREE!**



Number  
422

South Molton & District

APRIL 2016 01769 575528 moltonnews@hotmail.co.uk  
www.visitsouthmolton.co.uk/community-news

For local events and information please see inside →

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## Coming up at the Library

April events at South Molton Library include:  
Saturday 9th 10am-12noon Writing Group  
Saturday 16th 10.30-11.30am Craft session  
Wednesday 27th 10-11am Feel better with a Book  
Easter Holidays—Easter Word Hunt daily

## N Devon and Exmoor Walking Festival

Now in its 16th year, the festival has a good choice of guided walks to choose from. Although most walks are in North Exmoor and on the Coast there are some nearer here; you can book directly from [www.exmoorwalkingfestival.co.uk](http://www.exmoorwalkingfestival.co.uk) using your credit card or by phoning Ilfracombe TIC on 01271 863001.

## Health Awareness Coffee Morning

From 10am–1pm in the Assembly Rooms in S Molton on Thursday 28th April, the Town Council, Rotary Club and N Devon Voluntary Services invite you to join support agencies in the public and voluntary sectors giving older people information about services available to them. For more information email [lyn@ndvs.org.uk](mailto:lyn@ndvs.org.uk).

## Filleigh Village Hall

**BIG BREAKFAST for NORTH DEVON HOSPICE**  
on Sunday April 10th from 8am  
Big Breakfast £8, smaller £6

## South Molton Pre-school

We're holding open play days (all welcome) at the Pre-school on the 3rd Saturday of the month from 10am-12noon. We have messy play, toys and refreshments. It's a free group, with donations welcome for refreshments.

If you would like any further information, contact us on 01769 574003 or [smpreschool@yahoo.co.uk](mailto:smpreschool@yahoo.co.uk)



# INFO

## Eat Dirt Off Road Cycling Event

Exmoor Mountain Bike enthusiasts, British Cycling, and Calvert Trust Exmoor have joined forces to hold a fantastic Mountain Bike Event on May Bank Holiday, 2nd May. "Eat Dirt on Exmoor" will offer 2 routes of 14 or 23 miles, through stunning scenery. Much of the route is not normally open to the public; Calvert Trust Exmoor are grateful to the Hollam, New Invention and Broford Estates for allowing special access for this event. It will start and end in Dulverton. Passing through the Barle valley, the route runs up to Tarr Steps. From there the route climbs up onto the moor, with far reaching views in all directions, before heading south east to Exe and then back into Dulverton for the finish line.

Registration is just £17 per rider, with £15 of that fee going directly to Calvert Trust Exmoor to help them support people with disabilities to enjoy accessible adventure activities, including accessible cycling. (The remaining £2 is an administration fee retained by British Cycling). To find out more or to sign up visit [www.calvert-trust.org.uk/eatdirt](http://www.calvert-trust.org.uk/eatdirt) or email [robin@calvert-trust.org.uk](mailto:robin@calvert-trust.org.uk).

It promises to be an exciting event; riding through beautiful Exmoor National Park, up to 250 riders taking part, aerial filming from Altitude58, and more. If it proves popular we are hoping to make this an annual event. Don't forget to sign up to ride so you can always say you were part of the first one!

The 2016 **South Molton Vintage Rally** will be held on June 4th and 5th at Combesland Cross South Molton EX36 3NW. The planning and preparations are progressing and entry forms inviting exhibitors have been circulated.

Do you own a vintage machine or vehicle and would like to exhibit at the rally but have not received an entry form ring 01271 378019 alternatively download an entry form from the website [smoltonvintagerally.co.uk](http://smoltonvintagerally.co.uk)

## Don't forget!

North Devon Council parking charges go up this month. In South Molton charges are: long stay in Central Car Park 50p/hr or £1.50/day, short stay, north of Southley Road, 50p/hr

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Thursday

**South Molton Pannier Market**

8am-1pm

March-December

[adrian.budd@btconnect.com](mailto:adrian.budd@btconnect.com)

## PILATES

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### South Molton Skittles League

We are delighted to donate £500 to our local community Swimming Pool here in South Molton. Also two ladies from our League who are members of the Anstey Imps, Anne Kelland and Tina Reynolds, are walking 62 miles from London to Brighton sponsored for Epilepsy (one very special member of the Imps has suffered from epilepsy for 27 years). £500 is being donated to this very worthy cause. All the ladies of our League wish Anne and Tina all the very best on their long walk.

### New Defibrillator at Bishops Nympton

With help from the community and the Parish Council, Bishops Nympton now has its own Defibrillator available for emergency use. The Community Defibrillator is available outside the Community Shop by the Parish Hall at the top of the Village 24/7. Training courses continue—if you would like to know more contact John or Angela on 01769 550683 or 550793.

**North Devon All Starz** return this year with one of the greatest family musicals, Barnum, and they are searching for a cast for this fun filled, fast moving show. Boys and girls aged 8 to 23 years old are invited to the open auditions on Saturday 16th April, in the Main Hall at Park Community School, Barnstaple. Starting at 1pm and finishing at 3.30pm. Those who are successful at getting into the Company and wish to audition for a Principal Role will need to stay until 6pm. There is a £1 audition fee that must be paid on the day. The performances will take place at the Queen's Theatre from Thursday 28th to Saturday 30th July. Any questions please email the Chairman at [tolley.angell@yahoo.co.uk](mailto:tolley.angell@yahoo.co.uk)

## LET'S GO DANCING

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### New coach service to Plymouth and to Bristol 24/7

The South West Falcon is a coach service from Stagecoach connecting Plymouth, Exeter, Taunton, Bristol Airport and Bristol City Centre. The Falcon flies up the A38/M5 24 hours a day, 7 days a week.

All Falcon coaches have free Wi-Fi, USB charging points, power sockets and air conditioning so you can work, rest or play whilst on the move. Coaches have wheelchair space however this must be pre-booked at least a week before travel. There are 19 journeys a day, 7 days a week. The main stops are: Plymouth (Bretonside), Drumbridges, Exeter (Honiton Road & Sowton Park & Ride) Culmpton (Weary Traveller), Taunton (Black brook Park Ave), Bridgwater (Huntworth Lane M5, J24), Brent Knoll (Fox & Goose), Churchill Inn, Bristol Airport.

Falcon fares start from £5 return for under 25s and concessionary pass holders. You can also now book seats via [megabus.com](http://megabus.com) where prices start from as little as £1 (+50p booking fee). Buy a group return for up to 5 people travelling together - only twice the price of an adult return. If you're using Falcon regularly our 1 and 4 week ticket options will save you money. These will all be issued on Stagecoach Smart cards so you can reuse them again and again. Buy your 1 and 4 week tickets from the driver. Sorry, concessionary passes are not valid for free travel on Falcon. This is an express coach link for long distance journeys, local journeys (under 15 miles) cannot be made. For more information see [www.stagecoachbus.com](http://www.stagecoachbus.com).

### Stuart's Quirky Quotes

From the alternative Dictionary...

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<i>Passport</i>	Games for Fathers

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# Kings Nympton Parish Hall

**SATURDAY 16TH APRIL 7.30PM**

## SOUTH MOLTON TOWN BAND

Medley Concert— with local singers  
Joint event for KN Chapel and Hall  
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See Parish hall pages & much more on  
[www.kingsnympton.org.uk](http://www.kingsnympton.org.uk)

**MUSIC**



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## APRIL

*New NDC car parking charges start this month*

**1-3 Exmoor Waterpower Heritage Weekend**, Simonsbath House Hotel, bookings 01643 831259

**1 All Fools' Day**

**Art Group**, Village Hall, Knowstone, 10-12 and every Friday  
**S Molton Foodbank**, 10.30am-1.30pm 07542 184276/ 07874 206438 and every Friday

**Quiz**, for High Bray Church, Village Hall, Brayford, 7.30pm  
**Quiz and Carvery** for Bishops Nympton Church, Sportsman's Inn, Sandyway, 7 for 7.30pm 01769 550645

**Bishops Nympton Gardening Club**, Parish Hall, 7.30pm

**2-3 Swimming courses** for up to 4yrs, Swim Baby Swim, S Molton Swimming Pool 01271 593704 and every Sat/Sun

**2 Pannier Market** S Molton 8am-1pm & every Saturday

**Sat Storytime**, S Molton Library 11.30-12noon & every Sat

**Miranda Sykes/Rex Preston**, roots/folk, Plough, Torrington, 8pm 01805 624624

**3 Flea Market**, Pannier Mkt, S Molton, 10am-3pm 07989 619745

**Charity Car Boot Sale**, Old Tesco's, Barnstaple, sellers 9am, buyers 10am-2pm 07999 445489 and every Sunday

**Tractor Run**, S Molton Vintage Rally Club from Central Car Park to Yeo Mill, 10am 01271 378019/07764 787700

**Easter Activity Day**, Exmoor Pony Ctre, 11-3 01398 323093

**Hangmen**, National Theatre, Plough, Torrington, 7pm 01805 624624

**100 Year Old Man who Climbed out of the Window and Disappeared (15)**, S Molton Film Society, George, 8pm

**4 Short Mat Bowls**, Parish Hall, Bishops Nympton, 2.30pm and every Monday

**Amnesty International meeting**, George, S Molton, 7.30pm

**Maddy Prior**, Plough, Torrington, 8pm 01805 624624

**5 Parents/toddlers/babies**, Parish Hall, Kings Nympton, 9-11am and every Tuesday

**Rural Outreach advice**, Amory Centre, S Molton, 10am-1pm apts 07971 824911 and every Tuesday

**Yoga**, Parish Hall, Bishops Nympton, 10.15-11.45am 01884 253229 and every Tuesday

**Bounce & Rhyme**, S Molton Library, 10.30am and every Tue

**S Molton Town Clerk Surgery**, Amory Centre, 2-4pm 01769 572501 and every Tuesday

**S Molton Hearing Loss Group**, Age Concern Pop-in, 2-4pm 01271 373236

**Meditation**, Simon Millward, Rose and Crown, S Molton, 6.30pm 01769 579829 and every Tuesday

**Ballroom, Latin and Sequence dancing**, **Bishops Nympton Dance Club**, Parish Hall, from 6.30pm 01769 550555 and every Tuesday

**Ballroom Dance Classes**, Village Hall, Filleigh 01769 572384 and every Tuesday

**6 Coffee morning**, Methodist Schoolroom, Brayford, 10.30

# LOGAL

**Coffee Club**, Methodist Schoolroom, Kingsnympton, 10-12noon  
**Guided Walk**, Exmoor Society, from Withypool Car Park, 10.30am-3pm 01398 323335

**S Molton Volunteer Bureau**, Amory Ctre, 2-4pm 01769 573167  
**Ballroom/Latin/Sequence dancing**, Parish Hall, Chittlehamholt from 6.30pm 01769 550899 and every Tuesday

**Short Mat Bowls**, Parish Hall, Bishops Nympton, 7.30pm 07772 757124 and every Wednesday

**Ballroom Dance Classes**, Village Hall, Filleigh 01769 572384 and every Wednesday

**Badminton**, Parish Hall, Kings Nympton, 7.30pm 01769 580581 and every Wednesday

**7 Country Market**, Pannier Market, S Molton 8.30am-1pm and every Thursday

**Pilates**, Parish Hall, Bishops Nympton, intermediate 9.30 and beginners 10.30am 01769 580618 and every Thursday

**N Devon Voluntary Services drop-in**, Amory Centre, S Molton 10-1pm 01271 866300 & every Thursday

**Rural Outreach advice**, Amory Centre, S Molton, 10am-1pm apts 07971 824911 and every Thursday

**Citizens Advice Bureau**, Amory Centre, S Molton appointments 03444 111444 & every Thursday

**Plough & Share Credit Union**, Amory Centre, S Molton, 10am-12noon and every Thursday

**Old Bold and Crafty**, Age Concern, S Molton, 2-4pm 01769 575952 and every Thursday

**Tai Chi demonstration**, **Anstey WI**, Village Hall, Yeo Mill, 7pm

**Short Mat Bowls**, Village Hall, Filleigh, 7.30 & every Thu

**Old Tyme and Sequence Dance Club**, Parish Church Hall, S Molton, 7.30-9.30pm 01769 579249

**8 Kit Hawes/Aaron Katlow**, folk/roots, W Anstey Village Hall, Yeo Mill, 6.45pm 01398 341615 *Beaford Arts*

**Quiz and carvery** for Macmillan, Sportsman's Inn, Sandyway, 7 for 7.30pm

**Lady in the Van (12A)**, Chulmleigh Pavilion, 7.30pm 07837 718745

**Spring Show**, Bishops Nympton Gardening Cl, Parish Hall, 7.30

**Undercover Hippie** and Skata Tones, Plough, Torrington, 8pm 01805 624624

**9 Big Breakfast**, Meshaw YFC, Assembly Rooms, S Molton

**Sat Writers Group**, S Molton Library

**Buster Shuffle** music, Jubilee Hall, Swimbridge, 7 for 7.30pm 01271 830311 *Beaford Arts*

**Social evening**, Parish Hall, Bishops Nympton, 7.30pm

**10 Big Breakfast** for N Devon Hospice, Village Hall, Filleigh, 8am

**Plant Fair**, Plant Heritage, Pannier Market, S Molton 10am-3pm 01769 540528

**Eggesford Point to Point races**, Upcott Cross, Halwill Junction, 1pm 01363 83216

**Howden Jones**, folk, Village Hall, W Buckland, 7.30pm 01598 760437

**Bingo**, Village Hall, Chittlehampton, 7.30pm

**11 Beginning of School Term**

Mayor D Goodman, **S Molton WI**, Methodist Hall, 2pm

**Spring Show**, Chulmleigh Garden Society, Pavilion, 7pm 01769 580719

**12 Drop-in session**, under 5's and parents/carers, 01769 572414, 9-11am and every Tuesday

**Swimbridge's Primary School**, G Reed, Parish Church, Swimbridge, 7 for 7.30pm

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# EVENTS

- Hallshare**, Village Hall, West Buckland, 7pm 01598 760332  
*see front page*
- 14 **Memory Café**, Amory Centre, S Molton 10.30am-12.30pm  
memory.cafe@northdevoncab.org.uk  
**Coffee morning** for Cancer Research, Assembly Rooms, S Molton, 10am-12noon  
**Archaeology and landscape around Dulverton**, Heritage Centre, 4-5pm 07969 243887  
**Adventures in Sound**, Chulmleigh Society, Red Lion, 01769 581398  
**Weather Patterns on Exmoor**, Exmoor Soc, Congregational Church Hall, Dulverton, 7.30pm 01398 323954
- 15 **Deadline for May's edition of Community News**  
**Coffee morning**, for N Devon Hospice, Poltimore Inn, N Molton, 10am-12.30pm 01271 347213  
**Reading Group**, S Molton Library, 2.30-4pm 01769 562128  
**Quiz and Carvery** for N Molton Church, Sportsman's Inn, Sandyway, 7 for 7.30pm 01598 740325  
**Quiz**, Bishops Nympton PTA, Parish Hall  
**Steve Turner and Helena**, Concert, Parish Church, Chittlehampton, 7.30pm  
**Fun Quiz** for Twinning Association, ploughman's, Jubilee Hall, Swimbridge, 7.30pm bookings 01271 830855/404
- 16 **Craft and Table Top Sale**, Village Hall, Chittlehamholt, 10am-Sat 1pm 07771 783825  
**Craft Session**, S Molton Library, 10.30-11.30am 01769 572128  
**Orchid advice day**, Eggesford Garden Centre, 11am-4pm  
**Barum** open auditions, Park School, Barnstaple, 1-3.30pm  
**Spring Show**, Witheridge Garden Club, Parish Hall, 2.30pm  
**Charity Fun Quiz**, hot meal, Town Hall, Dulverton tickets 01398 323474  
**Medley Concert**, S Molton Town Band, plate tea, Parish Hall, Kingsnympton for Methodist Church and Parish Hall funds, 7.30pm 01769 572414  
**Kathryn Roberts and Sean Lakeman**, Plough, Torrington, 8pm 01805 624624
- 17 **Antiques Market**, Pannier Mkt, S Molton, 10-3 07973 803740  
**Tarr Trek** run/cycle for Stroke Assoc, Tarr Farm Inn, 10.30am bookings 01643 851507  
**Open Play Day**, S Molton Pre-school, 10-12 01769 574003  
**Town Tour**, Heritage Centre, Dulverton, 3-4pm 07969 243887  
**Messy Church**, Pentecost, Methodist Church, N Molton, 4pm
- 18 **Deadline for registering to vote** www.gov.uk/register-to-vote  
**Open Day**, Simonsbath Saw Mill, 10am-4pm 01643 831202  
Dowsing, C Palmer, **Chulmleigh Local History Soc**, Pavilion, 7.30pm 01769 520677
- 19 Seabed Survey round Lundy, K Denby, **N Devon Archaeological Society** Castle Centre, Barnstaple, 7pm  
Masonic Lodge, **N Molton History Society**  
Triggers 4, R Jones, **Bishops Nympton WI**, Parish Hall, 7.30
- 20 **Everyday Nature**, T Hynes, Parish Ch, Swimbridge, 7 for 7.30
- 21 **Queen's 90th birthday beacons**  
**See Hear on Wheels**, High Bickington Cmty Ctre, 10-11am; Chulmleigh New St, 11.30am-1pm; Southley Road, S Molton, 2-4pm 01271 373236  
**Acoustic evening**, Coaching Inn, S Molton 8-11pm
- 22 **Peter Heaton PM** surgery, Chulmleigh 01271 327990  
**Fun Quiz evening**, Parish Hall, Kings Nympton, 7 for 7.30pm bookings 01769 550135  
**Quiz and Carvery** for W Anstey Church, Sportsman's Inn, Sandyway, 7 for 7.30pm 01398 341325

## SOUTH MOLTON TAXIS



Day & Night  
Services  
8-16,33  
Seater Buses  
available

Dominick's Close, Parsonage Lane, South Molton

**01769 573636**

- Blofeld and Baxter**, cricket, Plough, Torrington, 8pm 01805 624624
- 23 **Launch of "Libraries Unlimited"**, S Molton Library  
**Sat Rejoice the Voice**, acappella choir concert for Cancer Research UK, Assembly Rooms, S Molton, 7pm 01769 572401  
**Dr Feelgood and the Rivals**, R&B, Plough, Torrington, 8pm 01805 624624
- 24 **Tea Dance**, Parish Hall, Bishops Nympton, 2.30-5.30pm
- 26 **S Molton Town Council** meetings, Town Hall, 6.30pm
- 27 **Feel Better with a Book**, S Molton Library, 10-11am  
**See Hear on Wheels**, Square, N Molton, 10-11.30am 01271 373236  
**River Flies and conservation on Exmoor**, ENP, Exmoor House, Dulverton, 10.30am-3pm booking 01398 322282  
**Stately Homes in N Devon**, M Ford, Filleigh History Soc, Village Hall, 7.30pm
- 28 **See Hear on Wheels**, Square, Swimbridge, 9.30-10.30am; Square, Witheridge, 11.30-1pm 01271 373236  
**Health Awareness** coffee morning, S Molton Rotary, Assembly Rooms, 10am-1pm  
**Lady in the Van (12A)**, Parish Hall, Knowstone, 7.30pm meal deal at Masons' Arms 01398 341231
- 29-2 **May Rock and Roll Weekend**, Riverside, S Molton bookings 01769 579269
- 29 **Quiz and Carvery** for S Molton Rotary, Sportsman's Inn, Sandyway, 7 for 7.30pm 01598 711835/01769 560146  
Steve Humble, Dorchester, **S Molton Organ and Keyboard Club**, Methodist Hall, 7.30pm 01769 574677  
**Random Melody**, folk, Plough, Torrington, 8pm 01805 624624  
*Wren Music*
- 30 - 7th May **Exmoor Walking Festival**
- 30 **Big Breakfast**, Village Hall, West Buckland, 9am-1.30pm  
**Sat Bishops Nympton Gardening Club** to Cove Nursery 01769 551838  
**Male Voice Choir and Town Band concert** for S Molton Parish Church, Pannier Market  
**Fun and Fundraising** for Air Ambulance, Plymouth Neurological ICU and N Devon Neurological Team, Parish Hall, Bishops Nympton 07837 985627/07702 720272  
**Blair Dunlop Band**, folk. Plough, Torrington, 8pm 01805 624624
- MAY**
- 2 **May-16 June Simonsbath Festival**
- 2 **Early Spring Bank Holiday: Bins collected 1 day late this week**
- 3 **Silver Party** for Children's Hospice, Kingsnympton Parent and Toddler Group, Parish Hall, 10-11am
- 6 **The Joke**, Will Adamsdale and company, Heywood Hall, Chulmleigh Community College, 7pm 01769 580215  
**Quiz and carvery** for SW TREC, Sportsman's Inn, Sandyway, 7 for 7.30pm
- 7 **Coffee morning**, Chulmleigh and District Garden Soc, Town Hall, 9am 01769 580719



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### From North Devon to the Middle East

A new exhibition at the Museum of Barnstaple and N Devon offers a unique insight into the experiences of local heroes in the First World War. The exhibition, which runs until 9 April, showcases the experiences of the 6th Battalion of the Devonshire Regiment in Mesopotamia during WWI, as seen through the eyes of artist and soldier Sergeant Vernon C. Boyle. He was a member of the 6th Devons and travelled from North Devon to Mesopotamia (now modern Iraq) and to India during the Great War. There he produced a vast collection of sketches and watercolours, which have been generously loaned to the museum by his grandchildren. The images range from the smoke-filled cafes of Baghdad through to the mountains of Darjeeling, from quick sketches of local life through to completed paintings of the magnificent architecture of the Middle East. The Museum is open from 10am to 4pm on Monday to Saturday, admission is free



The Club's Spring Tractor + Commercials Road Run will be held on Sunday 3rd April. Vehicles will assemble at Central Car Park, S Molton EX36 4BL for a 10am departure. The tractors will follow a planned route including some off-roading whilst the commercials (other classic and vintage road suitable vehicles always welcome) will take a longer road route with both groups arriving at West Anstey (Yeo Mill) EX36 3NX village hall at around 1pm for a "Sunday roast" lunch. At the luncheon participants, family and friends are welcome (pre-booking is essential).

Details and entry forms and to make a lunch booking call **01271 850903** or **07974 026060**, **07764 787700**



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# NEWS

### New project focuses on rural dementia

Dementia is a growing health problem, with an anticipated increase in the number of cases of 156% between now and 2051, according to statistics from the Alzheimer's Society. This is two million people, and the burden will fall on rural areas where there are significantly higher proportions of elderly people, so the burden will impact communities and the rural economy, yet little is known about how it will manifest itself and what kind of specialist care networks will be needed.

"*Farming, Dementia and Networks of Care*" is the first project of its kind to focus specifically on farming communities and dementia. Its results will be useful for healthcare and service providers, and academics researching the condition. Funded by the Seale Hayne Educational Trust, the project will be carried out by Dr Richard Yarwood and Dr Claire Kelly from the School of Geography, Earth and Environmental Sciences. They will be guided by a steering group including Joanne Jones from the Farming Community Network and chaired by Ian Sherriff, of Plymouth University.

The project will begin as a pilot in Devon and will investigate how farmers, their families and carers cope when they are affected by dementia. There are three main objectives: to consider the impact of dementia on farming businesses; to evaluate how dementia affects farming families and communities, and to consider how agencies can support farming families with dementia. Ian Sherriff, who is also a member of the Prime Minister's Task and Finish Group on Rural Dementia, said, "As someone totally committed to helping society tackle the many challenges that people with dementia and their carers face daily, I am really excited that Plymouth University has been awarded funding research the issues and challenges that people with dementia and their carers face in the farming community."

The research team are interested in talking to farmers who have a family member suffering from dementia. Please contact Dr. Yarwood ([r.yarwood@plymouth.ac.uk](mailto:r.yarwood@plymouth.ac.uk)), Dr. Kelly ([claire.kelly@plymouth.ac.uk](mailto:claire.kelly@plymouth.ac.uk)) or Ian Sherriff ([ian.sherriff@plymouth.ac.uk](mailto:ian.sherriff@plymouth.ac.uk)) for information.

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to buy and sell antiques

### South Molton Bowling Club

commence their outdoor season on 16th April by members enjoying a game and catching up with friends over tea. The club has had a very successful short mat season with 60% of members playing. Last year the club attracted a number of new members taking up the game.

If you would like to give bowls a go, the Club is holding an open afternoon on 8th May at 2.30pm. If this date is inconvenient but you would like to try bowls then telephone **01598 740457**

### NORTH DEVON DIABETES SUPPORT GROUP

We are a friendly group of individuals who meet regularly to support anyone with this condition. We meet twice a month, on the first Monday, at St John's Garden Centre, Barnstaple, where we have a chat and offer friendship and help, if needed, over a cup of coffee. On the third Monday we meet at Roundswell Community Centre (next to Sainsburys). At this meeting we have a speaker, usually connected to assisting with any problems relating to Diabetes. Entrance is free, we have coffee/biscuits and a raffle. If you would like to join us just come along at 10.15am or contact Lyn on **01769 572640** for further information.

### Thanks from the Thursday Craft Group

The Thursday Craft Group (also known as Old, Bold and Crafty), that meets in the Age Concern Pop-in on Thursday afternoons, would like to say a huge THANK YOU to Sheila Milsom for all her help. Sheila has helped us plan the rota of helpers, sort our resources and has been a friendly support to the people who come along. Sheila is moving to be nearer family and we wish her well. If you feel you could help us with the volunteers rota and being a befriender, please contact Lyn on **01271 866300** (Tue & Wed mornings) or [lyn@ndvs.org.uk](mailto:lyn@ndvs.org.uk) or leave a message for Fiona on **01769 575958**.

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**Chulmleigh Tennis Club** has become an LTA Tennismark Club. This is a Sport England approved accreditation that recognizes clubs as safe, welcoming and inclusive.

Our new season starts on 1st April with an Open Tournament on 3rd April from 10am to which all are invited. Entry is £2 a player for non-members and refreshments will be available. New members can join on the day! Coaching begins on Wednesday 13th April for all ages. Beginners, called minis, use a special red, orange or green ball and we have a new Mini session at 4pm for children aged from 4 years old. For adults who haven't picked up a tennis racket for years, we have a Rusty Racket session at 7pm!

Thanks to all who supported our Wine Tasting on 26 February, which raised over £200.

For full details contact

**01769 580819** or

[chulmleightennis-](mailto:chulmleightennis-club@hotmail.co.uk)

[club@hotmail.co.uk](mailto:club@hotmail.co.uk)



### Exmoor Calvert Horseshoe

Calvert Trust Exmoor is running an open country horse riding event on the second Bank Holiday in May, 30th May. 'The Exmoor Calvert Horseshoe' is actually two alternative rides through beautiful Exmoor countryside taking place on the same day. The First ride is a 15 kilometre leisure ride, open to all riders over the age of six. The second is a 25 kilometre endurance ride, for adult riders only. Both start from Comer's Gate, near Withypool. Calvert Trust Exmoor is a charity that works with people with all types of disability, providing opportunities to access many adventurous sports and activities, including horse riding and carriage driving. To find out more or to sign up, please visit [www.calvert-trust.org.uk/horseshoe](http://www.calvert-trust.org.uk/horseshoe), or email [robin@calvert-trust.org.uk](mailto:robin@calvert-trust.org.uk).

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## The Lynton & Barnstaple Railway



[www.lynton-rail.co.uk](http://www.lynton-rail.co.uk)

at Woody Bay Station on the A39 (EX31 4RA) between Blackmoor Gate and Lynton Under 5's travel free! Pay once - ride all day 01598 763487

### North Devon Bus Changes

From 28th March Stagecoach are making a number of changes to their services in North Devon. In this area. Service 19 - The section of route from Barnstaple Park & Ride to Barnstaple Town Centre is withdrawn. Due to funding constraints Devon County Council will not be providing a replacement service for this. Service 19 will now operate from North Devon Hospital to Appledore via Barnstaple Town Centre and Barnstaple Railway Station. For more information see [www.stagecoachbus.com](http://www.stagecoachbus.com).

**National Living Wage** From April 2016, all workers aged 25 and over are legally entitled to at least £7.20 per hour. Take these four steps to be ready for the change:

1. Check you know who is eligible
  2. Take the appropriate payroll action.
  3. Let your staff know about their new pay rate.
  4. Check your staff under 25 are earning at least the right rate of National Minimum Wage.
- More information at [www.livingwage.gov.uk](http://www.livingwage.gov.uk)

### National Honours

Do you know local unsung heroes who deserve national recognition for the difference they make in their communities? If you do, help to get them recognised! **Individuals:** Two honours particularly are awarded to people who make exceptional contributions—Member of the Order of the British Empire (MBE) and British Empire Medal (BEM) see [www.gov.uk/honours](http://www.gov.uk/honours). **Groups** - The Queen's Award for Voluntary Service (QAVS) recognises work by volunteer groups, see [qavs.direct.gov.uk](http://qavs.direct.gov.uk). Nominations can be made at any time and are very straightforward. For more information call the Devon Lieutenancy Office on **01392 383042**.

## THE AMORY CENTRE

125 East St, South Molton EX36 3BU

9am-5pm Monday-Friday 01769 572501

<b>Citizens Advice Bureau</b>		<b>03444 111444</b>
Thursday, <i>by appointment only</i>		<b>01769 572501</b>
<b>Community News S Molton &amp; District</b>		<b>01769 575528</b>
<b>Councillors surgery</b>		
2nd Saturday	10am-11am	<b>01769 572501</b>
<b>Rural Outreach Advice Service</b> from Encompass SW		
Tuesday	10am-1pm	
Thursday	10am-3pm	<b>07971 824911</b>
<i>Appointments recommended</i>		
<b>Library</b>		<b>01769 572128</b>
Tuesday	9am-5pm	
Wednesday	9am-1pm	
Thursday	9am-5pm	
Friday	9am-6pm	
Saturday	9am-1pm	
<b>Member of Parliament surgery</b>		<b>01271 327990</b>
<i>Quarterly by appointment</i>		
<b>Memory Café</b> for those with memory problems		
2nd Thursday	10.30am-12.30pm	<b>01271 311630</b>
<b>North Devon Council Customer Advice</b>		
Mon, Tues, Thurs	9am-5pm	<b>01769 572501</b>
<b>North Devon Council Planning</b>		
Tuesday	10am-12noon	<b>01769 572501</b>
<b>North Devon Voluntary Service drop-in</b>		
Thursday	10am-1pm	<b>01271 866300</b>
<b>Plough and Share Credit Union</b>		
Thursday	10am-12noon	<b>01837 658123</b>
<b>South Molton Town Council</b>		
Monday-Friday	9am-4.30pm	<b>01769 572501</b>
<b>South Molton Town Clerk Surgery</b>		
Tuesday	2-4pm	<b>01769 572501</b>
<b>South Molton Volunteer Bureau</b>		
1st Wednesday	2-4pm	<b>01769 573167</b>

### COMMUNITY NEWS S Molton & District

Please get news, adverts and events for our **May issue** to us by **15th April**. To advertise in the 24 parishes around South Molton, or to contribute, please write to us, or drop off messages, at the Amory Centre, 125 East St, S Molton EX36 3BU, email [moltonnews@hotmail.co.uk](mailto:moltonnews@hotmail.co.uk), or call **01769 575528 answerphone**. Events can also be entered in the Local Events Diary at the Amory Centre reception.

*Thank you for your support!*

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