

COMMUNITY NEWS *FREE!*

Number
415

NEWS

South Molton & District

SEPTEMBER 2015

01769 575528 moltonnews@hotmail.co.uk

www.visitsouthmolton.co.uk/community-news

For local events and information please see inside →



South Molton

CARNIVAL

**Saturday 26th September
2015**

- POP UP PUB • CHILDRENS FAIR •
- MORRIS DANCERS • BANDS •
- NORTH DEVON VINTAGE MOTORCYCLE CLUB DISPLAY •

PROCESSION COMMENCES 6pm

Procession entry forms available at Webbers Estate Agents in the Square or from the Rotary shop in East Street, South Molton
Tel: 01598 740141 (Jack Stanley) for further information



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3 DAY COUNTRY and WESTERN FESTIVAL

Sept 11th-13th

Kalibre, Johnny Williams & Lynette Marie,
Pedro Daniel Berry, The Henry Smith Band
£5 pp [charity admission]

3 DAY BEER, FOLK and MUSIC FESTIVAL

Oct 2nd-4th

17 Live bands already booked, Real Ales,
Great Food, Family friendly, Camping avail-
able [ask for details] Admission £20 pp week-
end tickets (children under 14 FREE)

All Proceeds to the N Devon Air Ambulance
and N Devon Children's Hospice

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INFORMATION

Anstey WI meets on the third Tuesday of every month at 7.30 pm, alternately at West Anstey Village Hall and Oldways End Village Hall.

New members and guests are welcome.

September 15th - A Talk - 'Tales from a Somerset Country Copper' with refreshments 7.30pm. at Oldways End Village Hall.

October 20th A Talk - 'The History and Women of the RNLi' with refreshments 7.30 pm. at Oldways End Village Hall

We are also having a Craft Night on Wednesday September 23rd 7pm at Oldways End village hall. Come and join in and enjoy our refreshments.

Friday October 9th we are holding a 'Beetle Drive' at 7pm at West Anstey Village Hall with light refreshments in aid of the Village Hall extension funds.

Contact Hazel Morgan **01398 341972** for details.

September Flea Market

We are back on Sunday 13th September with an even bigger market, lots of new stalls as well as our regulars. Free Admission, free parking and the Market Café will be open! Other Food sellers. So come along and do some early Christmas shopping!! More information from Once Upon A Time 15 George Arcade **07989 619745**.

Coming Soon

YMCA

On Saturday 3rd October the YMCA will be sleeping out in South Molton Pannier Market to raise money for the YMCA South Molton Centre. To pre-register contact the YMCA on **01769 574917**



More Than a Place to Live

Devon Communities Together (aka Devon Community Council)'s 2015 Rural Futures Conference will be held at the Met Office in Exeter on 1st October, 10am-4.30pm.

There will be speakers on housing, schools and health and displays from many organisations active in the community, including the Devon Community Resilience Board, helping to plan for any sort of emergency. For more information and to book visit www.devoncommunities.org.uk or call **01392 248919**

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We are open to the public Sunday to Friday every week between 10am and 4pm to visit our friendly Exmoor ponies at close quarters. You can also see the Exmoor "Horsebeast" Heritage Exhibition by Dr Sue Baker and visit our shop for plenty of ideas for presents. There is no charge to visit but we are grateful for all donations.

You can support our work with this special local rare breed via our website www.moorlandmouseie.trust.org.uk or text MMTX22 £5 to 70070.

We are also selling Prize Draw tickets which can be purchased online or from our shop, £1 per ticket with cash prizes, 1st £500 2nd £200 3rd £100 Finally a FREE offer – if you would like some horse manure for your garden, do come along during our opening hours, with your own bags and help yourself!



SOUTH MOLTON VINTAGE RALLY CLUB

The Club will be holding a Ploughing/Working Day at South Leigh Farm, S Molton EX36 3EH, by kind permission of Mr M Burnell, on September 13th from 10am. Vintage Tractors, ploughs and agricultural machinery. Participants and spectators welcome. For full details and to register please call **01769 572965**



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8am-1pm

NEWS

THANKS

Amnesty International UK, South Molton Group - We thank all those who supported our Summer Garden Party so generously, this year. It was again, a lovely occasion, the weather was kind on the day, and we raised £480.00.

North Devon Hospice, South Molton support group, would like to thank all who attended the Open Garden and Cream Tea held at Court Hall, North Molton last month, when an amazing £641.40 was raised to support the work of North Devon Hospice

Bishops Nympton Pet Service raised £67.31 for Blue Cross Tiverton and the N Devon Animal Ambulance. Thank you!

Another thank you!

Many thanks to Brayford Parish Council for their kind donation towards the expenses of this Community News. The financial support of Parish Councils and Meetings and of our Advertisers is much appreciated, as is the input of all our volunteers and all who contribute news and events to our columns.

YMCA FAMILY FUN DAY - Thank you to everyone who joined us on Saturday 25th July to help make our Family Fun Day a brilliant success!



We truly had a fantastic day welcoming many people to the YMCA S Molton Centre, where we enjoyed a BBQ, a bouncy castle, music, games, face painting, balloon modelling, sports and cake! If you have a moment, why not tell us if you were there and how you would like to see the Centre being used for the benefit of the community!?

www.ymcasouthmolton.org.uk

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Heather Trefusis' 'chick lit' boosts national hen welfare charity

Devon-based charity, the British Hen Welfare Trust, hopes to receive a boost in funds from sales of a new series of children's books.

Author Heather Trefusis adopted four hens from the charity as pets and was inspired to write a book about their cheeky antics. The book was snapped up by a publisher, who asked her to write three more.

"I'm delighted to share the hens' stories with children all over the world", said Heather, "and it's absolutely fitting that the British Hen Welfare Trust should receive a share of the profits to help them continue their great work."

The Four Little Hens series is out now. More information about the author and the charity can be found at www.fourlittlehens.co.uk.

Electric Blanket Testing

Bookings are still open for Age Concern South Molton and District's free electric blanket testing day on 4th September. Call in to the shop on the Square to book your slot!

N Devon Adoption Information Morning

Garden Flat, Castle Hill, Filleigh Estate, Filleigh EX32 0RQ. There is ample parking.

Our office is open on one Saturday of every month. You can talk with our specialist adoption social workers and experienced adoptive parents about all aspects of adoption. On September 26th the programme will be:

10-11am Presentation with the chance to hear from one of our adopters

11am-12noon Staff and adopters available for individual questions and discussion

Tea/coffee and biscuits will be available.

You can book a slot by calling **01271 612004** or email info@familiesforchildren.org.uk or turn up on the day.

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Kings Nympton Parish Hall

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Z
?**


Hall fundraiser - Fri 11th September 7.30pm

Quiz Evening

Teams of up to 6 *CASH PRIZE* BAR

Cheese platters.£6 per person

Please book with Sarah 01769 580823

Hall ; tracey_govier@hotmail.com 01769 579670

See Parish hall pages & much more on

www.kingsnympton.org.uk

Registered charity no. 1113712

SEPTEMBER

- 1 **Beginning of School Term**
Yoga, Parish Hall, Bishops Nympton, 10.15-11.45am 01884 253229 and every Tuesday
Bounce & Rhyme, S Molton Library, 10.30-11am and every Tue
S Molton Town Clerk Surgery, Amory Centre, 2-4pm 01769 572501 and every Tuesday
S Molton Hearing Loss Gp, Age Concern 2-4pm 01271 373236
Taekwon-do, YMCA S Molton jajh31@gmail.com & every Tues
Meditation, Simon Millward, Rose and Crown, S Molton, 6.30pm 01769 579829 and every Tuesday
Bishops Nympton Dance Club, Parish Hall, 6.30-9.45pm 01769 550555 and every Tuesday
- 2 **Community Coffee Morning**, Methodist Schoolroom, Brayford, 10.30am-12noon
Coffee and Chat, Methodist Schoolroom, Kings Nympton, 10-12
Exercise for Mature Ladies, Village Hall, Georgenympton, 10.30-11.30am 01769 572614 and every Wednesday
S Molton Volunteer Bureau, Amory Centre, 2-4 01769 573167
Creative Writers RAOB Cooks Cross, S Molton, 2-4pm
Talk through Time, Dulverton and Railways Station, Heritage Centre, 4.30pm 07969 243887
Dance classes, YMCA S Molton tammy.james@yahoo.co.uk and every Wednesday
RETRO Youth, YMCA S Molton amysomerwill@gmail.com and every Wednesday
Short Mat Bowls, Parish Hall, Bishops Nympton, 7.30pm 07772 757124 and every Wednesday
- 3 Market Stall, **Help for Heroes**, Pannier Market, S Molton
Country Market, Pannier Mkt, S Molton 7.30-12 & every Thu
N Devon Voluntary Services, Amory Centre, S Molton 10-1pm 01271 866300/ 07531 447222 and every Thursday
Rural Outreach advice service, Encompass SW, Amory Centre, S Molton, 10am-1pm appts 07971 824911 and every Thursday
Citizens Advice Bureau, Amory Centre, S Molton appointments 03444 111444 and every Thursday
Plough & Share Credit Union, Amory Centre, S Molton, 10-12noon & every Thursday
Voluntary Sector Drop-in, NDVS, Amory Centre, S Molton, 10am-1pm and every Thursday
Basic IT drop-in, S Molton Library, 10.30am-12.30pm and every Thursday
Old Bold and Crafty, Age Concern, S Molton, 2-4pm 01769 575952 and every Thursday
Taekwon-do, YMCA S Molton jajh31@gmail.com and every Thursday
Old Tyme and Sequence Dance Club, Parish Church Hall, S Molton, 7.30-9.30pm 01769 579249
Chittlehamholt Flower Show annual meeting, 7.30pm

LOGAL

- 4-6 **Sea Ilfracombe** maritime festival www.seailfracombe.co.uk
- 4 **Electric Blanket testing**, Age Concern, S Molton booking 01769 574160
S Molton Foodbank, 10.30am-1.30pm 07542 184276/07874 206438 and every Friday
Job seeking advice, S Molton Library, 10am-4pm and every Fri
MP surgery, Amory Centre, S Molton, 3-5pm appointments 01271 327990
Library Stitchers, S Molton Library, 4-5.30pm and every Friday
Y-Friday Youth Club, YMCA S Molton steph.trebilcock@ymcaexeter.org.uk and every Friday
Betty and the Boy roots, Plough, Torrington, 8pm, 01805 624624
 - 5-20 **Devon Open Studios** www.devonartistnetwork.co.uk
 - 5-6 **Overnight Charcoal Experience**, Bulworthy Project bookings 07594 569441
 - 5 **Big Breakfast** for N Devon Hospice, London Inn, Molland, 9-12
Sat Coffee morning, Chulmleigh Soc, Town Hall, 9am
Sheep Dog Trials /Family Dog Show, Challacombe, 10.30am-5pm 01598 763217
Chittlehamholt Garden Club outing to Woollsey
Car Boot Sale, for Wembworthy Church, Playing Field, Chulmleigh, sellers 12.30, buyers 2pm refreshments 01769 580241
Porlock Carnival 5-9pm 01643 863150
Dance for Defibrillator fund, W Anstey Parish Hall, Yeo Mill, 8
 - 6 **Finals Day**, Chulmleigh Tennis Club, Academy, 10am-12noon
Car Boot Sale, Old Tesco's, Barnstaple, sellers 9am, buyers 10am-2pm 07999 445489
Flower Produce Show, Dog Show, Village Hall, Molland from 1
Newton St Petrock Male Voice Choir concert, Warkleigh Church, 7.30pm tickets 01769 540848
 - 7 **S Molton Striders walk** from Square, 10-30-11am 01769 573258
Short Mat Bowls, Parish Hall, Bishops Nympton, 2.30 & every Monday
Dance classes, YMCA S Molton tammy.james@yahoo.co.uk and every Monday
 - 8 Trade Unions v Robert Maxwell, **S Molton U3A**, Village Hall, Filleigh, 9.45am
Lynton & Barnstaple Railway/Woody Bay walk, Exmoor Soc from Woody Bay Station EX31 4RA, 4pm 01398 323335
Town Tour, Dulverton Heritage Centre, 3 booking 07969 243887
 - 9 **Chess Club**, George, S Molton, 7pm
Barnstaple to Gambia, Brayford WI, Village Hall, 7.15pm
Coffee House, Community Centre, Oldways End, 10.30am-12
 - 10 **Wave of Prayer**, N Molton Mothers' Union, Parish Ch from 12
Memory Café, Amory Centre, S Molton 10.30am-12.30pm memory.cafe@northdevoncab.org.uk
Simonsbath; vanished mansion and its garden, ENP, from Ashcombe, 2pm 01398 323841
Pirate Pottery of N Devon, J Wayne, Exmoor Soc, Congregational Church Hall, Dulverton, 7.30pm 01398 323954
 - 11-13 **Country/Western Festival**, Riverside, S Molton 01769 579269
 - 11 **Coffee morning** for Macmillan, Moor View, Chittlehamholt, 10.30am-12noon
Withypool-Lanacre Bridge walk, South Molton Striders meet Square, 10am or Withypool Bridge 11am 01769 573258 8km
Harvest Festival, Parish Church, Rose Ash, 6.30pm, supper, auction, bookings 01769 550409/806
Anthony's Quiz Night, Village Hall, Brayford

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EVENTS

- Quiz evening**, cash prize, bar, Parish Hall, Kings Nympton, 7.30 for 8pm teams up to 6 bookings 01769 580823
- Autumn Show**, Bishops Nympton Garden Cl, Parish Hall, 7.30
- A Little Chaos** (12A), Rural Cinema, Pavilion, Chulmleigh, 7.30pm 01769 580005
- Exmoor's Bats**, ENP, from Sawmill, Simonsbath booking at www.exmoor-nationalpark.gov.uk/get-involved 07875 565823
- Barbara Dickson**, Plough, Torrington, 8pm, 01805 624624
- 12-14 Flower Festival**, Praise God for the Harvest, Farm and Field, refreshments, Methodist Church, Winkleigh, 10am-5pm
- 12-13 Somerset CAMRA Real Ale and Cider Festival**, Minehead Railway Station, W Somerset Railway, 01643 704996
- 12 Pannier Market** S Molton 8am-1.30pm *and every Saturday*
- Sat Fair Coffee Morning**, Town Hall, Chulmleigh, 9-11am
- DCC, NDC, SMTC **Councillors surgery**, Amory Ctre, 10-11am
- Coffee morning**, Methodist Chapel, Chittlehampton, 10.30am
- Storytime**, S Molton Library 11.30-12noon & *every Saturday*
- Sponsored Walk** for Friends of S Molton Parish Church, from Central Car Park, 1.30pm forms: 01769 574763/3558 *4 miles*
- Bingo** for Kira Farm Amigos, Oxham, Mariansleigh, 7 for 7.30
- Reg Meuross**, Plough, Torrington, 8pm, 01805 624624
- 13-19 Summer Exhibition**, Dulverton Art Group, Heritage Centre, Dulverton, 10.30am-3.30pm 07969 243887
- 13 Flea Market**, Pannier Market, S Molton
- Working Day**, S Molton Vintage Rally Club, South Leigh, S Molton EX36 3EH from 10am 01769 572965
- Three Church Service**, Methodist Church, Brayford, 11.15am
- Harvest Festival**, bring/share lunch, Methodist Ch, Winkleigh; exhibition from 2pm, Exeter Male Voice Choir. Supper, 6.30
- Heritage Open Day**, Sawmill, Simonsbath, 4pm 01643 831203
- Theory of Everything** 12A, S Molton Film Society, George, 8
- 14 S Molton Striders walk** from Sq, 10-30-11.30am 01769 573258
- Autumn Show, Chulmleigh and District Garden Soc**, Pavilion, 7pm 01769 581753
- Bishops Nympton Local History Soc**, R Lethbridge, AGM, 7.30pm 01769 550435
- 15 Deadline for items for October's Community News**
- Strictly Beginners enrolment**, Bishops Nympton Dance Club, Parish Hall, 6.15pm 01769 550555
- Tales from a Somerset Copper, **W Anstey WI**, Old Ways End Hall, 7.30pm
- Calvert Trust, **Bishops Nympton WI**, Parish Hall, 7.30pm
- N Molton History Soc** AGM, Old School, 7.30pm
- I loved you and I loved you**, Sweetshop Revolution, Plough, Torrington, 8pm, 01805 624624
- 16 Story of Burrow Farm Garden**, Mary Benger, Knowstone Garden Club, Parish Hall, 8pm
- 17 See Hear on Wheels**, Winkleigh Square, 10am-12noon; Southley Road, S Molton, 2-4pm 01271 373236
- Harvest Whist Drive**, for Church, Oxham, Mariansleigh, 7.45
- Greg Trooper**, Plough, Torrington, 8pm, 01805 624624
- 18 Harvest Festival**, Parish Church, E Anstey, 6.30pm, supper Community Centre, Oldways End
- Harvest Festival**, Livestock Market, S Molton, 7.30pm refreshments 07801 755732
- John Lees' Barclay James Harvest**, Plough, Torrington, 8pm,
- 19 Broadwoodkelly Vintage Gathering**, 11.30-4.30 01837 83046
- Sat Making your Orchard Pay**, Orchards Live 01884 861181

SOUTH MOLTON TAXIS



Day & Night Services
8-16,33
Seater Buses available

Dominick's Close, Parsonage Lane, South Molton

01769 573636

- Coffee morning**, Macmillan, Village Hall, Brayford 01398 710014
- Open Gardens**, Porlock 2-6pm 01643 863150
- Harvest Festival**, supper, auction, Village Hall, Knowstone, 7pm
- Hal Cruttenden** comedy, Plough, Torrington, 8pm 01805 624624
- 20 Antiques Market, esp fabrics**, Pannier Mkt, S Molton, 10am-4pm
- Harvest Festival**, Methodist Church, Kings Nympton, 11am Mr Bill Brooks; 6.30pm Rev Stuart Innalls
- Poetry Ramble** ENP, from Exmoor House Lawns, Dulverton, 11am-3pm booking 01398 752509
- Messy Church**, West Anstey Parish Hall, Yeo Mill, 11.30am
- Harvest Festival**, Parish Church, Mariansleigh, 12noon, lunch bookings 01769 550424, auction of produce
- Town Tour**, Dulverton Heritage Centre, 3pm book 07969 243887
- 21 South Molton Striders walk** from Sq, 10-30-11am 01769 573258
- 22 Coffee morning**, W Anstey Parish Hall, Yeo Mill, 10.30am
- S Molton Town Council** meeting, Town Hall, 7pm
- Ceramic course** starts, N Devon Ceramics Academy and Studio, S Molton 7-9pm www.ndcaas.moonfruit.com
- 23 See Hear on Wheels**, Parish Hall, Chittlehampton, 10-11.30am 01271 373236
- Improve your Maths course** starts, Learn Devon, Amory Centre, S Molton, 1.30-3.30pm
- Chess Club**, George, S Molton, 7pm
- Craft Night**, Oldways End Hall, 7pm
- Personal Lives of some Victoria and George Cross holders**, Filleigh History Soc, Village Hall, 7.30pm
- Olde Englishe Fayre** AGM, Mayor's Parlour, S Molton, 7.30pm
- 24-27 Stitching, Sewing, Hobbycrafts Show**, Westpoint, Exeter 01425 277988
- 24 Pony Heritage**, Heritage Ctre, Dulverton, 4.30pm 07969 243887
- 25-4th Oct Appledore Book Festival** appledorebookfestival.co.uk
- 25-26 Exmoor Wood Festival**, 10am-4pm 01598 752509
- Harvest Festival**, Parish Hall, Bishops Nympton, 6pm
- Larry Miller** blues rock, Plough, Torrington, 8pm, 01805 624624
- 26-27 Autumn Gala**, Lynton and Barnstaple Railway, Woody Bay Station 01598 763487
- 26-10 Oct Art at the Guildhall**, Dulverton, 10.30-3.30 07969243887
- 26 South Molton Carnival** *see front page*
- Sat Working Day**, tractors, car boot, auto jumble, etc Ashreigney Country Fundraisers, North Heal 01769 520286
- N Devon Adoption Information** morning, Garden Flat, Castle Hill Filleigh from 10am 01271 612004
- Dance**, for Hall Funds, Village Hall, Knowstone, 8pm (Ben)
- Cara Dillon**, Plough, Torrington, 8pm, 01805 624624
- 27 Civic Carnival/Harvest Festival service**, Parish Ch, SMolton, 11
- Tea Dance**, Bishops Nympton Dance Club, Parish Hall, 2-5pm
- Harvest Supper**, Parish Church Hall, S Molton, 6.45pm tickets Donner's or 01769 573558
- 28 South Molton Striders walk** from Sq, 10-30-11am 01769 573258
- 29 Coffee morning**, Parish Hall, Knowstone. 11am



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NEWS

British Red Cross promotes independent living

The British Red Cross wants to make sure everyone in South Molton is aware of the independent living services set up to help people remain independent in their own homes. In S Molton the Red Cross have an outlet which loans Mobility Aids equipment to those who require items such as a wheelchair, walker, or shower stool. They also deliver equipment to people throughout N Devon.

The Red Cross also operates its 'Support at home' service in S Molton and area. This offers short-term practical and emotional support to help people regain their independence after a stay in hospital, an illness or injury. Patients are assigned a volunteer to help with tasks such as essential shopping, befriending and confidence building. This support is aimed at helping people to reintegrate into everyday life and their community.

To operate these services we need more volunteers in this area. The support at home service is a flexible volunteering role; you will be called upon to assist someone at a time and day which suits both parties. Volunteering for the mobility aids service involves choosing a regular morning or afternoon slot each week at the S Molton outlet.

To learn more about our independent living services or volunteering for the Red Cross, please contact one of the numbers below or e-mail: north-devon@redcross.org.

Mobility Aids Service: **01271 318083**

Support at Home Service: **01271 318086**

Stuart's Quirky Quotes

If all economists were laid end to end, they would not reach a conclusion! *George Bernard Shaw*
It was a bold man who first swallowed an oyster. *Jonathan Swift*

If you look after someone...

Who looks after you?

If you care for someone who is ill, frail, or disabled, Devon Carers may be able to help with advice and support, accessing time off from caring, a regular newsletter, a Carer Alert Card to ensure the person you care for gets help if something unexpected happens to you.

Helpline **08456 434 435**.



Jack Snow Grocer, 2 King Street, S Molton, 1977

An exhibition exploring a collection of previously unseen images from the Beaford Archive.

S Molton Museum, 5th October – 28th November.

1977, the year of the Queens Silver Jubilee, when a jar of Horlicks cost 40½p and buying a Trusty Pavemaster bicycle gave you 1,880 Green Shield Stamps. This was also the year that Beaford Arts commissioned photographer Elizabeth Clifford to document the look and feel of South Molton's small town shops and the people who worked in them at that time.

This previously unseen collection of photographs was discovered when Beaford Arts relocated its offices to S Molton in 2014. In partnership with S Molton Museum, working with S Molton Archive and Local History Society, Age Concern and members of the community, we have been able to uncover the facts behind the images, connecting the scenes of then with the town as it is now.

The photographs will be exhibited at S Molton Museum from 5th October – 28th November, along with additional images and advertisements contributed by S Molton's Archive and Local History Society and vintage packaging loaned from Stuart Bennett of Caxtons Antiques, Bampton.

For more information contact Kathryn Burrell **01769 572573** kathryn@beaford-arts.org.uk



OUT NOW!

The new edition of the free official South Molton Town Guide is now out and available widely locally.

STRICTLY BEGINNERS

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LATE DEALS AND SPECIAL OFFERS



INFO

South Molton Sings

would like to thank everyone for their support of the Summer Song Fest held in South Molton Pannier Market on Sunday 26th July. The event proved to be a true community evening involving young and old, residents and visitors. Especial thanks are extended to Meshaw Young Farmers and South Molton Town Band whose contributions made it a very special night. The venture raised over £1000 to fund the work of South Molton Sings, including Musical Memories, a brand new singing group for those living with dementia - see more below. If you know someone who might benefit please come along. South Molton Sings aims to give as many people as possible the opportunity to enjoy the pleasure of singing. If you would like to join a choir, why not look at the website www.southmoltonsings.org.uk to see what is on offer – there really is something for everyone! Thanks for all help,

John Parkhouse and team



South Molton Musical Memories

is a social group for all those living with memory difficulties. We start with a welcome tea and biscuits, enjoy an hour of guided singing and gentle movements and end with more tea!

Singing is one of the most effective ways of unlocking memory. It's magical how a song can spark a memory and how music can stimulate the brain, with the positive effects lasting long after the song is over. Singing is also beneficial for those living with Parkinson's.

From 9th September we will meet every Wednesday from 1.30-3.30pm at the YMCA Centre, Mill Street, South Molton, next to the Bowling Club. £4 suggested donation per afternoon.

Please note that all participants with memory difficulties must be accompanied. There is no need to book, but please phone John on **01769 579840** or Tryphena on **01769 573722** if you would like more information. We would welcome volunteers to help the sessions go with a swing! *Parking is easiest in the main Central Car Park with wheelchair access from there to the YMCA.*



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Specialising in the agricultural industry

1 Duke Street, South Molton, EX36 3AL

Above Webbers, Estate Agents in the Square

Tel: 01769 579065: 07899 916923

email: carole.bament@btconnect.com

Help managing your cash as household incomes are squeezed

Local churches aim to run free sessions to help people in South Molton and the surrounding areas to get on top of their household finances.

Members of St Mary Magdalene Church and the churches in the South Molton Mission Community wanted to help their local community to best handle the economic climate so they underwent specialised training from the UK charity Christians Against Poverty. Now they intend offering a short course, teaching people how to chart their household income and take control of their expenditure. Money coach Ray Stacey, who will be leading the sessions called the CAP Money course, said: "With households feeling the squeeze on their disposable income, we've all got to become very smart about our money to get through these tough times. If you know how to save and budget effectively, it can have a hugely positive impact on the whole family.

Everyone is welcome. Please don't think you have to be a maths genius – we have the tools and can help make it straight forward. All you need to bring is a determination to improve your finances. The Course has been found useful for newly retired people, soon-to-be students, mums dealing with mounting bills, families saving for a wedding and everyone in between.

These local churches belong to a group of more than 1,000 churches of different Christian traditions across the UK who are regularly offering the course. The courses take place in South Molton, starting at 7.00pm on October 22nd 2015, October 29th and November 5th. To find out more about the CAP Money Course and to book your place on the course visit www.capmoneycourse.org or telephone **01243 56789**.

www. pannierantiques.com

Market Dates 2015

South Molton Pannier Market

10am to 4pm

February to November

Sunday 20th September (focus on Fabrics)

Sunday 18th October

Sunday 15th November

Sunday 13th December (Christmas Special)

Visit www. panniermarketantiques.com
to buy and sell antiques

SOUTH MOLTON COUNTRY PANNIER MARKET

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from 8am-1pm

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YOUR HOSPITAL YOUR FUTURE

The Public Consultation Meeting on the future of South Molton Community Hospital beds and local Care Services was rescheduled to 25th August.



There is still time to register your views at www.northdevonhealth.nhs.uk/consultnorth as the consultation period now runs from 12th August until 23rd September.

Northern Devon Healthcare NHS Trust reports that a stakeholder review group met in August to select criteria upon which decisions would be made and develop options for the location of community beds.

- High-quality and safe
 - Financially sustainable and affordable
 - Able to recruit and retain staff
 - In line with the strategy of the Clinical Commissioning Group (CCG)
 - Number of older people living alone
 - Accessibility and transport to another bedded unit for rehabilitation
 - Reducing inequality, to include quality of housing, life expectancy, prevalence of disease and number of carers
 - Quality of buildings and condition of facilities
 - Availability of private sector care homes and social care
 - Flexibility at times of a surge in pressure
 - Ability to meet changing demographics
 - Impact of lost opportunities (e.g. a hospital may benefit more by being developed into a health and social care hub than by retaining inpatient beds)
- Local people can have their say on the options agreed during a six-week public consultation – entitled “*Delivering safe and effective care within the budget*” – from 12 August to 23 September.

THE AMORY CENTRE

125 East St, South Molton EX36 3BU
9am-5pm Monday-Friday 01769 572501

Citizens Advice Bureau		03444 111444
Thursday, <i>by appointment only</i>		01769 572501
Community News S Molton & District		01769 575528
Councillors surgery		
2nd Saturday	10am-11am	01769 572501
Rural Outreach Advice Service from Encompass SW		
Tuesday	10am-1pm	
Thursday	10am - 3pm	07971 824911
<i>Appointments recommended</i>		
Library		01769 572128
Tuesday	9am-5pm	
Wednesday	9am-1pm	
Thursday	9am-5pm	
Friday	9am-6pm	
Saturday	9am-1pm	
Member of Parliament surgery		01271 327990
<i>Quarterly by appointment</i>		
Memory Café for those with memory problems		
2nd Thursday	10.30am-12.30pm	01271 311630
North Devon Council Customer Advice		
Mon, Tues, Thurs	9am-5pm	01769 572501
North Devon Council Planning		
Tuesday	10am-12noon	01769 572501
North Devon Voluntary Service drop-in		
Thursday	10am-12pm	01271 866300
Plough and Share Credit Union		
Thursday	10am-12noon	01837 658123
South Molton Town Council		
Monday-Friday	9am-4.30pm	01769 572501
South Molton Town Clerk Surgery		
Tuesday	2-4pm	01769 572501
South Molton Volunteer Bureau		
1st Wednesday	2-4pm	01769 573167

COMMUNITY NEWS S Molton & District

Please get news, adverts and events for the **October edition** to us by **15th September**.

To advertise with us in the 24 parishes around S Molton, or to contribute, please write to us, or drop off messages, at the Amory Centre, 125 East St, S Molton EX36 3BU, email moltonnews@hotmail.co.uk, or call **01769 575528**. Events can also be entered in the Diary at Amory Centre reception. *Thank you for your support!*

The Stags Head Inn

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South Molton Tourist Information 'Not just for Tourists'

Exmoor Flag Merchandise Now on Sale Bumper/Window Stickers, Mugs, Flags on stands and Enamel Pin Badges



New Hope Bourne Book!

Hope Bourne's "Village Exmoor" is New on Sale this month "Bourne's Exmoor Village will be a "must have" for Hope Bourne's many admirers, and for all lovers of Exmoor, its people and places." Ideal Christmas Present for All Hope Bourne Fans

2016 Calendars On Sale Now Mention Code – **SMCM15** to get **15% off each Calendar** (Offer runs until 30th September 2015)

