

COMMUNITY NEWS

FREE!



Number
470

May 2020 South Molton & District
moltonnews@hotmail.co.uk
www.visitsouthmolton.co.uk/community-news

Corona virus edition

Dear Readers, this mini version of the Community News went to press on 20th April, so please check for updates and changes with the contacts given. We apologise for any loss of quality, it is not our wonderful printer's fault, it's ours. This edition was produced on a kitchen table. The deadline for June's edition, all things being equal, is 15th May. Keep safe, keep well!. *The Community News Team.*

STAY AT HOME

PROTECT THE NHS

save lives

Health advice
111.nhs.uk
/covid-19

Every Mind Matters
www.nhs/oneyou

Samaritans
116 123

Northern Devon Food Bank – South Molton

The Food Bank continues to operate as usual from 10am-12.30pm on Thursdays at the YMCA Centre, Mill Street, South Molton, Tel: **07422 651253**.

Donations of groceries can now be left at South Molton Methodist Church (on the corner of North Street and Parsonage Lane) on Tuesdays and Saturdays from 10am-12noon, when there will be someone there to accept them.

The following items are in short supply and would be particularly welcome:-

Tinned tomatoes and other tinned vegetables, UHT milk and pasta.

Walk On!

When you walk through a storm
Hold your head up high
And don't be afraid of the dark
At the end of a storm, There's a golden sky
And the sweet silver song of a lark
Walk on through the wind, Walk on through the rain
Though your dreams be tossed and blown
Walk on, walk on, With hope in your heart
And you'll never walk alone, You'll never walk alone
Walk on, walk on, With hope in your heart
And you'll never walk alone, You'll never walk alone

Oscar Hammerstein II and Richard Rodgers



Your Local, Trusted Vet Practice

- Pets, Farm & Equine
- Open 7 days a week
- Late night surgeries
 - Nurse clinics
- Acupuncture & Laser therapy
- Online booking service

South Molton Barnstaple
01769 572176 01271 344262

www.marketvets.co.uk

JOHN WALKER & CO INSURANCE BROKERS

THE FAMILY BUSINESS
SERVING
SOUTH MOLTON
OVER 37 YEARS

01769
572742

Explore your
South Molton
store



Open to
everyone

Pathfields Business Park, EX36 3LH
T: 01769 574477



airband
high speed internet

Fed up of poor broadband?

YOU COULD BE ENJOYING SUPERFAST BROADBAND WITH AIRBAND

☎ : 01905 676 121
✉ : hello@airband.co.uk
www.airband.co.uk

Help in the South Molton District

Parishes in our area have risen to the challenge of coronavirus. Contact your Parish Clerk, Vicar, Pub (many are doing local take away deliveries and more), Garage or Village Shop for local information and help. Most have good websites and/or social media pages. Here are some local contact numbers for people not on line.

- Atherington Shoppe 01769 560248
- Bishops Nympton Community Shop 01769 550226
- Chittlechatter Stores, Chittlehampton 01769 540693
- Chittlehamholt Community Shop 01769 540314
- Chulmleigh, Central Stores, 01769 580642
 - Bakery 01769 580228
 - News and Post Office 01769 580596
- High Bickington Community Shop 01769 561177
- Bulleds, N Molton 01598 740232
- Rackenford Community Shop 01884 881740
- Witheridge, Central Stores 01884 861684
 - Newsagents 01884 860815

- Plants Ash Moor Nursery, Rose Ash 01884 860355
- Mole Valley Farmers, S Molton 01769 574477



Citizens Advice consumer hotline **0808 223 1133** (textphone **18001 0808 223 1133**).

North Devon Council

For a regularly updated information on Business/ Financial support, Community organisations, NDC services, Government advice, Keeping safe from Scams and Taking care of your mental health visit www.northdevon.gov.uk/



North Devon Council fund a home improvement loan scheme

for homeowners and landlords*.

We understand the expense of maintaining your home. We want to help you to take the stress out of funding repairs, improvements or adaptations to your home.

We see you as an individual, not a credit score.

For a free, no obligation home visit or more information:

Contact Wessex Resolutions CIC

on 01823 461099 or visit www.wessexresolutions.org.uk

*Subject to eligibility

INFO

SUPPORT & HELP FOR THE ELDERLY AND VULNERABLE IN SOUTH MOLTON



South Molton Town Council's primary aim is to ensure that everyone who needs it is supported. If you would like to speak to us, please phone the Helpline on **01769 572501** Mon-Fri, 10am-4pm or **07900 852841** out of office hours or email info@southmoltontowncouncil.co.uk and let us see how we can help. All Town Council buildings are closed however we are now co-ordinating and signposting volunteer services so please contact us by phone or through [facebook.com/onesouthmolton](https://www.facebook.com/onesouthmolton); website www.onesouthmolton.org. Below is a list of businesses (subject to change and not comprehensive) offering over-the-phone orders and payments with local deliveries, to help those who are vulnerable and self-isolating:

Take-away deliveries

- Corn Dolly 01769 610994
- The Welcome Fryer 01769 574440
- Baker George 01769 573133
- Bengal Tiger 01769 574727
- Chip 'n' Fin 01769 572595
- Courtyard Bistro (Wed-Sat eves) 01769 574145
- Fred's Charcoal Grill 01769 574444
- Hung's Chinese 01769 572542
- The Mandarin 01769 572838
- South Street Kitchen 01769 572560
- Riverside 01769 574727
- Henry's Café 07575 259922

Food and grocery deliveries

- The Cheese Larder 01769 572664
- John May Butchers 01769 572368
- Shapland and Searle Butchers 01769 573411
- Simmons Fruit and Veg 01769 572860
- Southside Stores 01769 572677
- Rogers Garage 01769 572137

Also open

- Sainsburys 01769 574530
- Mole Valley Farmers 01769 574477
- Griffin's Yard 01769 572372
- Spar and Post Office 01769 572929

*Please note: the above is not be a comprehensive list. For up to date information please visit [facebook.com/onesouthmolton](https://www.facebook.com/onesouthmolton) or call **01769 572501***

Please continue to give blood; the next session in Filleigh Village Hall is on 28th May and after that on 17th August. To book an appointment phone **0331 232323** or see on-line.

Refuge, the National Domestic Abuse Helpline
0808 2000 247

TURNER FRAMES

Peter Turner, friendly & personal bespoke picture framer

Mount Cutting-Framing-Box Framing-Glazing-Repairs

Call me for a free no obligation quote,
no job too big or too small
Paintings-Prints-Textiles

Memorabilia-Photographs-Certificates

Tel: 01769 581615 Mobile: 07802 256349

INFO

Prompt Action Fund

While our healthcare systems, and local and national government are doing everything in their power to slow the spread of coronavirus, our voluntary and community organisations and local communities are also preparing to help those most vulnerable during this unprecedented time.

Through the COVID-19 Action Fund, Devon County Council rapidly provides small amounts of grant funding to community-led schemes, which achieve the small but important things that can solve some of the issues arising from this Coronavirus outbreak. These can include:

- safe deliveries of essential goods and services to the vulnerable, such as foods and medicines
- support for accessing online information virtual support groups to help people to stay connected and informed and to maintain and support mental health and wellbeing
- transport-related initiatives that support safe community responses to the outbreak

Who can apply? Applications are accepted from constituted and not-for-private-profit voluntary, community and social enterprise (VCSE) organisations, town/parish councils, charities or businesses, or a combination of such groups working together.

Councils and Parish Hall Covid-19 helpline

Devon Communities Together is running the Towns, Parishes, and Community Buildings Covid-19 helpline. We are here to help communities come together to respond to the pandemic with the most effective, safe, and co-ordinated responses. We support Parish Councils and groups through the pandemic and advise on looking after your community building and public spaces. The helpline is staffed 9am to 5pm on weekdays: **0808 1963390** or email info@devoncommunities.org.uk and someone will get back to you.

Farming Helpline (FCN) Confidential help for all the farming community **03000 111 999**

New dates for Summer Shows

Devon County Show 28-30 August
Meshaw Summer Show 8 August
Royal Bath & West Show 31 August-2 September
Royal Cornwall Show 10-12 September
North Devon Show is cancelled



WEST BUCKLAND
PREPARATORY SCHOOL

Join our Nursery

Open Term Times Mon—Fri: 0800 to 1700
15 hours Early Years funding
FREE Toddler Group on Wednesdays 9.15 to 10.30

email: prepadmin@westbuckland.com www.westbuckland.com

SOUTH MOLTON TAXIS



Day & Night
Services
8-16 Seater
Buses
available

Dominick's Close, Parsonage Lane, South Molton

01769 573636

Aged 55 plus and not internet savvy?

Devon Communities Together offer

- Regular, one to one, weekly phone calls, to chat and check in with those feeling isolated.
- Weekly 'Zoom' online activities sessions to try and bring together groups who are feeling isolated. These initially will run on a Thursday at 2pm for an hour or so via <https://us04web.zoom.us/j/77404246641> (or Zoom Meeting ID: 774 0424 6641) and we will see how they develop.
- Finally, we are looking to capture the voices of those feeling lonely and isolated at this time leading to the creation of an archive – which can be answered by online form or an audio recording created using WhatsApp and sent to 07984001566. We know that Zoom and WhatsApp are difficult and intimidating technologies for those unfamiliar with them – so we fully expect to coach individuals, who are interested in trying to learn, during one to one phone calls. Please refer anyone you know who is looking for extra support at this time. Call **01392 248919**

Please! No Sky Lanterns

You may have seen advertisements for Sky Lanterns in support of the NHS on social media recently. Please DO NOT share these posts or purchase these products. The National Fire Chiefs Council says "We urge you to look for alternative ways to show support to the NHS. Lanterns are a fire hazard; pose a risk to livestock, agriculture, thatched properties and hazardous material sites".

Force Cancer Charity

has closed its Centre in Exeter but continues to offer support to people affected by cancer. They regularly update their website - www.forcecancercharity.co.uk - or call the Cancer Nursing Team: **01392 406151** or for psychological/emotional support: **01392 406168/** or **01392 406169**

**SOUTH
MOLTON**

**MORTGAGE
SOLUTIONS**

Julie Norman
Mortgage and
Protection Advisor
Based in South Molton

07738 013366

julie@ianstuartmortgages.co.uk
ianstuartmortgages.co.uk

Smart mortgage and protection
advice you can trust

Sean & Kate's gardening services

Hedge cutting, small tree removal, shrub pruning,
border planting and maintenance, lawn mowing

For a friendly and reliable service ring

Sean on 07774218349 or

Kate on 07801832819

or e-mail kateritchie238@btinternet.com

INFO

Devon
Libraries

South Molton Library

Follow us on Twitter @SouthMoltonLib and Facebook 'South Molton Library' or email southmolton.library@librariesunlimited.org.uk. Visit our website www.devonlibraries.org.uk for details of other libraries' online events.

If you would like to join the Library to access online books and audiobooks, please visit Devon Libraries website, creating an account is quick and easy. Type this into the browser bar of your internet search engine: www.devonlibraries.org.uk/web/arena/join-thelibrary. You will be given a temporary number (prefixed UNREG) and PIN, which will enable you to access our digital library immediately. South Molton Library Facebook Events include:

- Bounce & Rhyme on Saturday 11am-1pm. All your favourite nursery rhyme tunes!
- LEGO Club - Available all the time - please join in making models and posting the pictures to our Facebook page.
- #ReadToYourPet is a bit of fun to help lift spirits a little—post photos on our Facebook or Twitter pages of you reading a book with or to your pet or animal companion and include the hashtag #ReadToYourPet, or email them to us southmolton.library@librariesunlimited.org.uk. We'd love to see you and what you're reading!

- ¡Hola! The Library Spanish Conversation Group is online - please look out for our Facebook page and our Google Hangout meetings at 10.30am on Saturdays, further information from cm.i.tait@gmail.com. Available with your library card number (found under the barcode starting C000000) and PIN. For help contact the library via email or social media.

eAudiobooks - Download the free Libby app from your app store to borrow online books and audiobooks and read/listen. (Please note that the Amazon Kindle does not support library eBook loans).

BorrowBox for eAudiobooks - Download the BorrowBox app from the Apple App store or Play store for Android devices. On a computer, go to the BorrowBox website and click the 'Sign in' link.

Devon Libraries RB Digital for eMagazines - Read popular magazines - titles such as Gardeners' World, Good Housekeeping, Countryfile, National Geographic, New Scientist, TV Times, Grazia and many more, as well as a limited number of eAudiobooks.

Urgent appeal for equipment

If you've got any community equipment you no longer need, *please can you return it?*

We urgently need commodes, walking frames, shower stools, and raised toilet seats, as increased demand during the coronavirus outbreak means these items are in danger of being in short supply. Please contact Millbrook Care on **0330 124 4491** to arrange a free contactless collection.

Devon
County Council

Warning - be scam aware!

Trading Standards warns us to be aware of fraudsters trying to exploit fear and uncertainty. Action Fraud says that coronavirus-related fraud reports increased by 400% in March. The outbreak of coronavirus has seen an increase in scams – counterfeit medical kits that claim to prevent or cure the disease and fake online coronavirus resources with damaging software. Scammers have also set up bogus websites asking for donations for victims or promoting awareness and prevention tips. Cold callers have been contacting organisations suggesting they must have certain measures in place by a deadline.

- Be sceptical of emails/texts/messages about Coronavirus, and never click on attachments or links
 - Never provide personal data - full name, address, date of birth – they use this to steal your identity
 - Don't be pressured into donating money; never make donations by cash or gift card, or send money through transfer agents such as Western Union or Moneygram
- If you think you've been scammed speak to your bank immediately and report any fraud to Action Fraud on **0300 123 2040**. Further information from Citizens Advice or Trading Standards. And please avoid loan sharks, for support go to Stop Loan Sharks website.

The Weather Forecast hints for May?

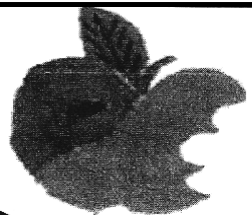
"No wind is colder than a May wind", but a "Snowstorm in May brings weight to the Hay". But "a swarm of bees in May is worth a load of Hay" and a "misty May and rainy June brings the Harvest right soon".

CROSSE WYATT
SOLICITORS

Serving the local community for over 200 years
For all your legal requirements

- Personal Injury Claims
- Disputes and Litigation
- Debt Collection
- Court Representation
- Divorce and Family Matters
- Landlord & Tenant
- Conveyancing
- Rust Wills and Probate
- Business Advice and Contract matters

7 East Street, South Molton
Tel: 01769 572157
Woodford House, Fore Street, Chulmleigh, EX18 7BR
(Tuesdays 9.30am - 12.30pm)
www.crossewyatt-solicitors.co.uk



Community Shop
& Post Office
BISHOPS
NYMPTON



Your Local Convenience Store

Coronavirus Opening Times
Monday-Saturday 8.30am-1pm
Sunday 9am-11am



01769 550226